

## A Handy Way to Pray

If you are involved in anything worthwhile – be it marriage, church work, civic activities, the military, education or business – you quickly understand the importance and value of prayer to enable success.

And we in Life Care and Century Park certainly believe it.

How do we pray? How can we organize our prayers? How can we remember to include all the folks who need our petitions on their behalf?

George Edmund Reindorp (1911 – 1990) was an Anglican bishop who married a South African doctor, Alix Edington, in South Africa following the end of World War II. The Reindorps gained a reputation as public speakers on the British lecture circuit. Their clerical and medical backgrounds earned the couple the nickname *Body and Soul*.



In one of his books, *No Common Task*, Reindorp told how a nurse once taught a man to pray and, in doing so, changed his whole life from being a dull, disgruntled and dispirited person into a man of joy.

Much of the nurse's work was done with her hands, and she used her hands as a scheme of prayer. Each finger stood for someone.

Her thumb was the nearest to her, and it reminded her to pray for those who were closest to her.

The second finger was for pointing and it stood for all her teachers in school and in the hospital where she worked.

The third finger was the tallest and it stood for leaders in every sphere of life.

The fourth finger was the weakest – as every pianist knows – and it stood for those who were in trouble and pain.

The little finger was the smallest and the least important, and to the nurse, it stood for herself – putting others first in her prayers.

That's an interesting and memorable way to shape the form of our prayers.

(more)

But let's not ever, ever forget the need to praise our God for His goodness and the abundant flow of blessings to us.

*Therefore I exhort first of all that supplications, prayers, intercessions and giving of thanks be made for all men, for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence. For this is good and acceptable in the sight of God our Savior, who desires all men to be saved and to come to the knowledge of the truth (1 Timothy 2:1-4 NKJV).*

– Beecher Hunter