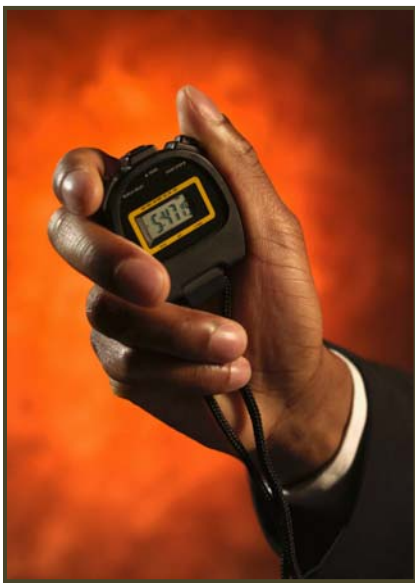


A Precious Commodity

How important is time to you? Many of us take it for granted, waste it, misuse it, and underestimate – especially in our youth – the allotment of it.

But time is precious, for time is life. Sooner or later, we all become preoccupied with time and making the most of what we have. Yet the value we place on time will be different for each of us based on our perception of it.

That's what Barbara Glanz, author and motivational speaker who has appeared at some Life Care functions, writes in *Spreading Contagious Enthusiasm*. As examples, she cites:



- To realize the value of one year, ask a student who failed a final exam.
- To realize the value of one month, ask the mother of a premature baby.
- To realize the value of one week, ask the editor of a weekly magazine.
- To realize the value of one day, ask a daily wage laborer with kids to feed.
- To realize the value of one hour, ask two people in love waiting to meet.
- To realize the value of one minute, ask the person who barely missed the train.
- To realize the value of one second, ask the person who just avoided an accident.
- To realize the value of one millisecond, ask the person who won a silver Olympic medal.

Does today suddenly have a little more meaning to you? Think about it.

– Beecher Hunter