## A Recipe for Life

Good cooking is a talent much to be admired. An enjoyable meal is one of life's great pleasures. Inevitably, when someone samples a new and delightful dish, the question is raised: "Can I have the recipe?" A set of instructions for making something from various ingredients becomes valuable in the hands of one skilled in the culinary arts.

Awhile back, someone handed me a recipe for life. It, too, has various ingredients that can be blended into a delightful outcome. Here it is:

1 cup of Good Thoughts.
1 cup of Kind Deeds.
1 cup of Consideration for Others.
2 cups of Sacrifice for Others.
3 cups of Forgiveness.
2 cups of Well Beaten Faults.
Mix these thoroughly, add tears of joy, sorrow and sympathy for others. Flavor with little gifts of love. Fold in 4 cups of prayer and faith to lighten other ingredients and raise the texture to great heights of living. Pour all this into your daily life and bake well with the heat of human kindness. Serve with a smile.

It is recommended that every person try this recipe.

