A World of Silence

We all have marveled over the story of Helen Keller, who was left deaf and blind by an incurable childhood disease. Because of a patient and persistent teacher, Anne Sullivan, Keller was taught to read through her senses of touch, smell and taste. At the close of her autobiography, Keller writes:

"Fate – silent, pitiless – bars the way. Fain would I question his imperious decree; for my heart is undisciplined and passionate, but my tongue will not utter the bitter, futile words that rise to my lips, and they back into my heart like unshed tears. Silence sits immense upon my soul. Then comes hope with a smile and whispers, 'There is joy in self-forgetfulness.' So I try to make the light in other people's eyes my sun, the music in others' ears my symphony, the smile on others' lips my happiness."

Silence can be used to nurture pouting, anger and hatred. Far better uses for silence are reflecting, meditating and listening. In a world of noise and chaos, it is when we are truly silent before the Lord that we can hear His still small voice speaking in our souls.

Today, in the stillness of an empty room, or in the open spaces of a rolling meadow, or on a bench in the park, be silent and hear what God is saying to you.

--Beecher Hunter