

Adding Life to Work

Our careers – the work that we choose to make a living – should be happy and fulfilling to us. That should be particularly true for those of us in Life Care, Century Park and Life Care at Home, for we are engaged in a noble mission of caring for God's children.

So, we should approach our responsibilities and our objectives with zest and commitment, bringing meaning and contentment to each new day.

Recently, someone shared with me some important principles entitled *Keys for Adding Life to Work*. The author is unknown, but I endorse the recommendations:

- Appreciate the value of time. Grab it, use it well, and savor every moment of it.
- Remember that it's easier to prevent bad habits from forming than it is to break them once they are formed.
- As you drive the road to success, consider letting others travel with you. The trip will be more fun.
- You should have a good reason for speaking out; you don't necessarily need a good reason for remaining silent.
- Of all the items you can wear to work, your facial expression is most important.
- Avoid being paranoid or overly sensitive.
- Receive both praise and constructive criticism with grace.
- Be bold in what you stand for. Be careful what you fall for.
- Never give up on miracles. They do happen.
- Don't rain on other people's parades. Only a drip would do that.
- Don't postpone joy.
- Find ways to truthfully compliment co-workers on a job well done.
- *Get real!*
- Choose to give co-workers the benefit of the doubt.
- Applaud the achievements of others.
- Don't forget to say *Thank you!*

And one other very important life lesson: Always strive to do right. This will gratify some people and astonish the rest.

--Beecher Hunter