

## Advice from the King of Swing

Jazz great Benny Goodman – known as the King of Swing – was a musician, clarinetist and bandleader, born in 1909 and died in 1986.

He once recalled practicing his clarinet for a long time by an open window and occasionally looking out at his wife as she worked in her beloved garden.



When she came in, she asked him how he could stand to repeat the same task over and over. He smiled and replied that as he had been watching her laboring in the sun, he had been thinking the same about her.

He went on to say that “good results depend inevitably on the work one is willing to put into it,” because “in the work itself – whether planting or practicing – you find your true enjoyment.”

As leaders in Life Care, Century Park and Life Care at Home, we must understand the people we lead. A key aspect of that understanding is recognizing what their work means to them.

Often you can see this – not in the dramatic or glamorous aspects of their jobs, but in how absorbed with the mundane details they become.

In other words, to understand those you lead, look for their “true enjoyment.”

*Nothing is better for a man than that he should eat and drink, and that his soul should enjoy good in his labor. This also, I saw, was from the hand of God (Ecclesiastes 2:24 NKJ).*

– Beecher Hunter