

# An Attitude of Gratitude

Fulton Oursler, journalist and editor, told a story of an old nurse who was born a slave on the eastern shore of Maryland. She had not only attended Oursler's birth but also that of his mother. He credits her for teaching him the greatest lesson he ever learned about thankfulness and contentment. Recalls Oursler:

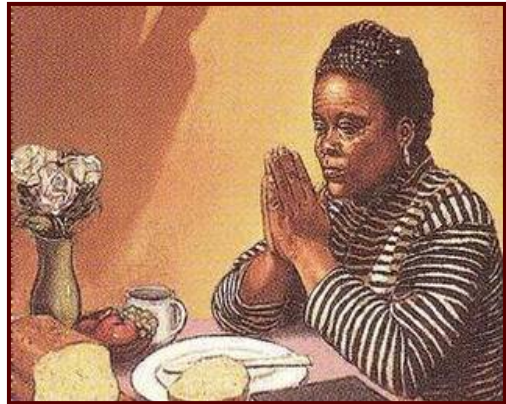
*I remember her as she sat at the kitchen table in our house – the hard, old, brown hands folded across her starched apron; the glistening eyes; and the husky old whispering voice, saying, “Much obliged, Lord, for my vittles.”*

“Anna,” I asked, “what’s a vittle?”

“It’s what I’ve got to eat and drink – that’s vittles,” the old nurse replied.

“But you’d get your vittles whether you thanked the Lord or not,” I said.

“Sure,” said Anna, “but it makes everything taste better to be thankful.”



For many people, poverty is not a condition of the pocketbook but a state of mind. Do you think of yourself as being rich or poor today? What do you value and count as “wealth” in your life?

If you are thankful for what you have, you are very wealthy, indeed!

*Let your roots grow into Him and draw up nourishment from Him. See that you go on growing in the Lord, and become strong and vigorous in the truth you were taught. Let your lives overflow with joy and thanksgiving for all He has done (Colossians 2:7).*

– Beecher Hunter