

# BE PREPARED

It is common sense to understand that preparation is imperative for the success of any venture. It is certainly the case in the mission we are called to do in Life Care, Century Park and Life Care at Home.

But what is “good preparation?” What are its elements?

Spanish novelist Miguel de Cervantes said, “The man who is prepared has his battle half-fought.”

John C. Maxwell, author, speaker and recognized expert on developing leaders, states in his book *Promises for Every Day: If you want to prepare yourself so that you can help your team as it faces the challenges ahead, then think about the following:*

1. *Assessment: Where are you and your team heading? What will conditions be along the way? What price will you have to pay to get there?*
2. *Alignment: Golf has taught me a valuable lesson. Even if you know where you want to go, if you're not lined up right, you'll never get to your desired destination. That's true of personal preparation as well as for golf. Good alignment makes success possible.*
3. *Attitude: To succeed in any endeavor, you need to do your homework to take care of the mental aspects of your game. You need to have a positive attitude about yourself, your teammates, and your situation.*
4. *Action: Being prepared means being ready to take that first step when the time comes. Remember this: Courage has no greater ally than preparation, and fear has no greater enemy.*

Cervantes' and Maxwell's words are fitly spoken.

And they apply to all areas of our lives – our health-care mission; professional development for ourselves and our associates; personal health and well-being; the mind; and our spiritual growth.

*And that servant who knew his master's will, and did not prepare himself or do according to his will, shall be beaten with many stripes (Luke 12:47).*

– Beecher Hunter