

Be a Great Team Player

Life Care and Century Park understand that if we are to accomplish our respective missions, there must be absolute, unqualified teamwork.

Our customers (and that includes residents, family members, fellow associates and, practically speaking, anyone who comes through the front door) deserve our best efforts in the role that each associate plays on the team.

If you want to be a contributing member of a successful team – and shouldn't we all? – you have to put others on the team ahead of yourself.

How are you when it comes to taking a backseat to others?

If someone else gets credit for work well done, does it bother you?

If you get bumped from the “starting lineup” of your team, do you shout, pout or tough it out?

John C. Maxwell, author, motivational speaker, and internationally recognized expert on leadership development, raises all four of these questions in his book *The Maxwell Daily Reader*, and then adds: “All of these things are characteristics of selfless players.”



He goes on to list three ways to become more selfless ...

1. **Promote someone other than yourself.** “If you are in the habit of talking up your achievements and promoting yourself to others, determine to keep silent about yourself and praise others for two weeks. Find positive things to say about people’s actions and qualities, especially to their superiors, family and close friends.”
2. **Take a subordinate role.** “Most people’s natural tendency is to take the best place and to let others fend for themselves. All day today, practice the discipline of serving, letting others go first or taking a subordinate role. Do it for a week and see how it affects your attitude.”
3. **Give secretly.** “Writer John Bunyan maintained, ‘You have not lived today successfully unless you’ve done something for someone who can never repay you.’ If you give to others on your team without their knowing, they cannot repay you. Try it. Get in the habit of doing it and you may not be able to stop.”

(more)

Good advice from a master of teambuilding.

In the best performing facilities in Life Care and Century Park – in terms of customer service, including quality of clinical outcomes, hospitality to residents, family members and visitors that goes beyond expectations, and an environment of obvious love and respect for those served and for one another – the attributes Maxwell identified all come into play.

Want to be a great team player? Become more selfless!

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others (Philippians 2:3-4 NIV).

– Beecher Hunter