

Bear in a Tree

Motivational speaker Zig Ziglar, in his book, *Something Else to Smile About*, tells of an incident several years ago, at dusk, just outside of Keithville, Louisiana, when someone spotted a black bear in a tree. Word quickly spread around the little town and many of the citizens gathered to see this unusual occurrence.

The local veterinarian provided a dart gun loaded with drugs to sedate him. Concern was raised that the bear might fall out of the tree and injure himself, so the fire department was called and its net was put in place to catch him.

A bonfire was built, and all night long they tried to get that bear out of the tree. It seemed he was oblivious to the crowd and apparently the drugs were having no effect on him, because no bear tumbled from the tree.

Then came the dawn and they could more clearly see that “bear” in the tree. The bear turned out to be a black plastic bag, filled with garbage. No one has yet figured out how that garbage bag got to the top of the tree.

Unfortunately, many people live with a “bear up their tree,” and allow it to impact their lives in a harmful way. When they learn the truth, they discover the bear is negative garbage dumped in their minds over a period of time by music, television, pornography and “friends,” as well as the general public.

The good news is that – regardless of their age – individuals can get that bear out of their tree by bringing it to the light of day, just as they did in Keithville, Louisiana. How do you do that? Simply by reversing the process and putting good, clean, pure, powerful and positive information into one’s mind, a person can bury that old garbage.

Getting that bear out of the tree not only will bring a happier state of mind, but it will result in increased work performance, too. Finding ways to do our jobs better is always the goal in Life Care, American Lifestyles and Life Care at Home.

--Beecher Hunter