

Believe in Possibilities

Do you believe it is possible to change the disposition of other people you encounter?

You can if you take advantage of a secret revealed by Robert Schuller, minister of California's Crystal Cathedral.

In his book, *Move Ahead with Possibility Thinking*, he recalls what happened when he showed up at a meeting of a board of directors some years ago.

When he entered the room, he was greeted by the cold, unfriendly stares of six men. He immediately found that their inhospitable demeanor was contagious. Before he knew it, he had allowed himself to take on their cold, unfriendly attitude.

Shortly afterward, however, a strong, friendly personality entered the room. He radiated warmth. His face beamed. He faced the same icy stares, but his infectious smile refused to fade. To Schuller's amazement, the moods of the other people began to change. Within five minutes, they were talking and joking, enjoying one another's company.

After the meeting, Schuller asked the man how he had managed to change these stuffed shirts into wonderful people.

The man's secret was simple: "I paused before I entered that room," he said, "and imagined myself as a strong, dominant, friendly, down-to-earth person. I imagined the men on the other side of the door as good fellows. I visualized them returning my smile and reflecting the kindness I was radiating toward them."



Let's try that approach with whatever meeting – with an individual or a group – we may encounter today in Life Care, Century Park and Life Care at Home.

My bet is that it will work for us, too.

– Beecher Hunter