

Climbing El Capitan

In 1989, paraplegic Mark Wellman climbed the sheer granite face of El Capitan, a 3,000-foot vertical rock formation in Yosemite National Park. The granite monolith is one of the world's favorite challenges for rock climbers. Wellman became the first paraplegic to ascend the cliff.



On the last day of his climb, *The Fresno Bee* ran a photograph of Wellman being carried triumphantly on the shoulders of climbing companion Mike Corbett.

The caption read: "Paraplegic and partner prove no wall is too high to climb."

What the story did not say is that in helping Wellman scale El Capitan once, Corbett had to make that difficult, demanding ascent three times!

In the Old Testament is an account of Moses holding up his hands and bringing God's help to achieve victory in a crucial battle. But don't forget Aaron and Hur. They had to climb the same mountain themselves, and their support of Moses' arms took time, strength and commitment on their part.



The principle is this: People who serve God and their fellow man "behind the scenes" often pay a higher price than those who are in the center of public attention.

It's true in the spiritual realm, and it certainly is in health care. We need each other if we are to do what God wants us to do.

– Beecher Hunter