Considering Change

A lecturer once told a story of counseling a patient who hated her job and thought it was ruining her life. Throughout her therapy, however, she seemed completely unwilling to improve her situation.

When he suggested she hunt for a new job, she complained that there were no decent jobs in her small town. He asked if she had considered looking for a job in the next town, 15 miles away. She told him she would need a car to travel that far, and she didn't have one.

When the therapist offered a plan to purchase an inexpensive car, she countered that it would never work, because there was no place to park in the neighboring town anyway.

Many have said that three things in life are certain: death, taxes and change. If you look around, you'll notice that most people can deal with the first two better than change. But without it, we'll never know how wonderful the plans God has for us can be.

Fear of change comes from fear of loss, even if it might be the loss of something we never liked in the first place.



If you struggle with change in your life today, take a moment to bring your fears to the Lord. With faith in His guidance, change can lead to a blessing.

Joseph Addison, English essayist and poet, once wrote: "Our real blessings often appear to us in the shapes of pains, losses, and disappointments; but let us have patience, and we soon shall see them in their proper figures."

God has not given us a spirit of fear, but of power and of love and of a sound mind (2 Timothy 1:7).

– Beecher Hunter