

Embrace Your Day

The sun is not yet up and that annoying alarm clock is blaring in your year.

Groggily, you reach over and fumble around until you hit the snooze button. “Just a few more minutes,” you think, “and then I can get up and face the day.”

The alarm sounds again. You know you can’t put it off any longer. It’s time to face the inevitable. It’s time to wrestle another day to the ground.



After a cup or two of coffee, your brain is finally humming. Now the question is, which of today’s tasks should you tackle first?

Before you begin your work, you might seek inspiration – as I have – from this prayer, written by Jakob Bohme, a German shoemaker who was born more than 400 years ago:

Rule over me, O God, leading me on the path of righteousness. Put your Word in my mind and your Truth in my heart, that this day I neither think nor feel anything except what is good and honest.

Protect me from all lies and falsehood, helping me to discern deception wherever I meet it. Let my eyes always look straight ahead on the road you wish me to tread, that I might not be tempted by any distraction. And make my eyes pure, that no false desires may be awakened within me.”

Obviously, we are not perfect individuals, but such a sincere, springing-from-the-heart prayer helps us to become closer to the life Christ desires for us to have. And our Lord has given us the Holy Spirit to help us along this path.

It is God who arms me with strength and makes my way perfect (2 Samuel 22:33 NIV).

– Beecher Hunter