

Everyone Forgets

Do you forget things? Well, join the club. Everyone does at one time or another, according to Karen Bolla, a Johns Hopkins researcher. These are the items that people most often forget:

- Names, 83 percent.
- Where something is, 60 percent.
- Telephone numbers, 57 percent.
- Words, 53 percent.
- What was said, 49 percent.
- Faces, 42 percent.

And if you cannot remember whether you've just done something, join 38 percent of the population.



In the spiritual realm, followers of Christ sometimes have a problem with forgetfulness. In high-pressure situations, or when you're just going through a daily routine, we seem to forget that we are God's children.

We fail to recall what He has promised to do for us. We don't remember that He has awesome power and love for us.

King David offered the solution in Psalm 20:7: *We will remember the name of the Lord our God.*

Daily blessings are daily reminders of God. Just count them and give Him thanks.

--Beecher Hunter