

# Falling Out of Bed



I like the story of the little boy who fell out of bed. When his Mom asked him what happened, he answered: "I don't know. I guess I stayed too close to where I got in."

It's easy for us adults to do the same thing in areas of our lives. It's tempting to just stay where we got in and never move.

Pick a time in the not-too-distant past. A year or two ago. Now ask yourself a few questions:

- How does your career learning – your professional development – compare with then?
- How about your goals, personal and occupational? Are you on pace to reach them?
- Consider your health. Are you involved in a wellness program or some physical fitness activities that contribute to your overall well-being? Are you better in diet, exercise and rest than you were at the time you referenced?
- What about your prayer and Bible study? Have you grown spiritually as you look back, whether one year or two?
- And then there's the family. Are those precious relationships with your loved ones sweeter as the days go by?

Don't make the mistake of the little boy.

Don't stay too close to where you got in.

It's risky resting on the edge.

– Beecher Hunter