

Finding a Diversion

In his book, *Standing Out*, Charles Swindoll wrote, “The splinter in my thumb this morning brings back pleasant memories of yesterday’s diversion. Cranking up the old radial-arm saw in my garage, I wound up with two perky cedar window-box planters. I plunged into the project with the zeal of a paratrooper, ecstatic over the airborne sawdust, delighting over every angle, every nail, every hammer blow, even the feel of the wood and the scream of the saw.

“I caught myself thinking about nothing but the next cut and its proper measurement, the exhilaration of accomplishment, the sheer joy of doing something totally opposite of my career and completely different from my calling.”

When we get cranky and hard to live with, we probably need some meaningful diversion from life’s routine. Sir William Osler wrote, “No man is really happy or safe without a hobby, and it makes precious little difference what it may be – botany, beetles, or butterflies, fishing, mountaineering, or antiques.”

Maybe even your hobby is spending time with children or grandchildren, hiking, reading a book or bicycling.

Are you getting increasingly irritable and finding it hard to relax? Perhaps it is time for a hobby.

Many people are too busy making a living to make life worth living.

--Beecher Hunter