

## 'For This, I Have Jesus'

Our world today is awash in stress, fear and anxiety for a variety of reasons: shootings, murders, rioting, economic downturn, unemployment, natural disasters and COVID-19.

Marion Stroud, in an article published in *Our Daily Bread*, tells about a woman named Rose who has experienced unbelievable stress in her life – stress that should put the anxieties of many people into perspective.

Rose is a woman in Rwanda who lost most of her family to the Rwandan Genocide of 1994. This was a horrible conflict in which Hutu citizens in Rwanda murdered more than 800,000 Tutsi people in about 100 days. Rose and her two daughters survived the attacks.

How does Rose deal with the shock and grief of witnessing such carnage in which she lost members of her own family? She explains it this way: "For this, I have Jesus."

Think about those words: "For this, I have Jesus."

Rose adopted two children who were orphaned in the attacks. She supports her small family of five by translating Christian tracts into the local language and organizing an annual conference for widows. What inspires her? As she says, "For this, I have Jesus."

Her heart breaks for what she has lost, but she is determined to move forward for the sake of her children. How does she face the future with courage? One more time she says, "For this, I have Jesus."

Rose's experiences and response beg the question: What other source of peace or rest are you counting on besides Jesus?

This life can take so much away from us. But there is a part of us that cannot be taken away. It's not affected by outward circumstances or inward doubts. It's that eternal stamp on your personhood that says you were made in the image of God. That's your soul. And God loves you so much that He came in the form of Jesus to share your life and to die for you. That's your Savior.

Submit your life to His guidance and His priorities, and you will find rest for your soul.

*Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light (Matthew 11:28-30 NIV).*

For this, we have Jesus.

– Beecher Hunter