

Formula T + D

A father once looked in on his 16-year-old son as he sat at the desk in his bedroom, struggling to finish his algebra homework. The father quickly scrawled a note and tacked it on the bulletin board above his son's desk.

It said, T + D.

"What's that?" his son asked.

"You're dealing with all these formulas," the father explained. "X + Y, and all that. So I made up my own formula to encourage you. It's *Try Plus Determination.*"

We understand the significance of that formula in the centers of Life Care and American Lifestyles and in the work of Life Care at Home. T + D must be an everyday application. The challenges we often face in the care of our residents present mountains that we must climb.

"I can't do it" never yet accomplished anything. "I will try" has performed wonders.

--Beecher Hunter