

## *Get Your Kicks in 2006*

With most folks, it's traditional to make resolutions to begin a new year, and it's always good to have some self-examination and goal-setting. In practice, however, many of those resolutions have been broken or abandoned by this time in January.

What are some good principles to follow to make 2006 a happy, enjoyable, fulfilling stretch of time? We would all have a variety of answers to that question. Scott Friedman, a professional speaker from Denver, Colorado, sent me a card the other day that offers some excellent – and entertaining – advice. He calls his list “the 10 best ways to get your kicks in 2006.”

1. Don't judge people by their relatives. Just think what people would think of you.
2. Come from abundance. There's plenty for all – that's why they call it abundance.
3. Fail forward. Success is just moving from failure to failure with enthusiasm.
4. Think about what you think about. That's something to think about.
5. Be kind. Having a sharp tongue can cut your own throat.
6. Take a look inside. That's where the secret prize is.
7. Laugh at yourself. You'll never cease to be amused.
8. Seek honest feedback. It's a rare person who wants to hear what he doesn't want to hear.
9. Live in the present. It's a gift – that's why they call it the present.
10. Be vitamin friendly. The best vitamin for making friends – B1.

With those instructions to guide us, 2006 can turn out mighty well.

--Beecher Hunter