

Getting what you Expect

The happiest people in life don't necessarily *have* the best of everything. They just try to *make* the best of everything.

Such individuals are like the person in a remote village going to a well every day to get water who says, "Every time I come to this well, I come away with my bucket full!" instead of, "I can't believe I have to keep coming back to this well to fill up my bucket!"

A person's attitude has a profound influence on his approach to life. As examples ...

- Ask a coach before a big game whether his attitude and that of his players will make a difference in the outcome of the game.
- Ask a surgeon if the patient's attitude matters when she's trying to save that life in an emergency room.
- Ask a teacher if students' attitudes have an impact before they take a test.

John C. Maxwell, author and internationally recognized expert on leadership development, believes that life gives you what you expect.

"If you expect bad things, those are what you get," he said. "If you expect good things, you often receive them. I don't know why it works that way, but it does."

Put that principle to the test, Maxwell said.

"If you don't believe me, try it out. Give yourself 30 days in which you expect the best of everything – the best parking place, the best table in the restaurant, the best interaction with clients, the best treatment from service people. You'll be surprised by what you encounter, especially if *you give your very best to others* in every situation as well."

Life Care's goal is to be a leader in the services we deliver – "a premier provider of long-term health care" as our mission states – and to accomplish it, our personal and professional expectations should be for the best of everything.

Do your best to present yourself to God as one approved, a worker who has no need to be ashamed (2 Timothy 2:15 ESV).

– Beecher Hunter