Give Yourself Away

Giving to others is the highest level of living. Generous people focus their time and energy on what they can give to others rather than what they can get from them. And the more a person gives, the better his or her attitude.

John C. Maxwell, author and speaker, addresses this subject in his book, Leadership Promises for Your Week.

"Most unsuccessful people ... believe that how much people give and their attitude about it are based on how much they have," Maxwell said. "But it's not what you have that makes a difference. It's what you do with what you have. And that is based completely on attitude."

It has been said that we make a living by what we get, but we make a life by what we give. "Helping others is something you can start doing today, whether it's spending more time with your family, developing an employee who shows potential, helping people in the community, or putting your own desires on hold to benefit your team," Maxwell said. "The key is to find your purpose and help others while you're pursuing it."

The late Danny Thomas, entertainer and founder of St. Jude Children's Research Hospital in Memphis, said: "All of us are born for a reason, but all of us don't discover why. Success in life has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others."

Associates in Life Care, Century Park and Life Care at Home are well aware of this principle. They practice giving to others every day, and it is what drove them into this noble profession.

Beecher Hunter