

# Happier Living

Everybody wants to be happy. When a child comes into this world, or when a student graduates from high school or college, or when a young couple is married, our wish for each and all of them is to be happy. We search for careers in which we can find fulfillment – and happiness. Our lives become a pursuit of this state. How do we get there? How do we achieve happiness?

The foundation for happiness is a proper relationship with the Lord. But to fully experience happiness, we must build on that foundation in practical ways. *Pulpit Helps* magazine published a list of “Ten Rules for Happier Living:”

1. Give something away (no strings attached).
2. Do a kindness (and forget it).
3. Spend time with the aged (experience is priceless).
4. Look intently into the face of a baby (and marvel).
5. Laugh often (it is life’s lubricant).
6. Give thanks (a thousand times a day is not enough).
7. Pray (or you will lose the way).
8. Work (with vim and vigor).
9. Plan as though you will live forever (as a child of the King, you will).
10. Live as though you will die tomorrow (because you will die on some tomorrow).

These are excellent ideas for happier living. Try them. Starting today.

--Beecher Hunter