

How to Be Miserable

From an unknown source comes an article entitled, *How to Be Miserable*. It says, "Think about yourself. Talk about yourself. Use 'I' as often as possible. Mirror yourself continually in the opinion of others. Listen greedily to what people say about you. Expect to be appreciated. Be suspicious. Be jealous and envious. Be sensitive to slights.

"Never forgive a criticism. Trust nobody but yourself. Insist on consideration and respect. Demand agreement with your own views on everything. Sulk if people are not grateful to you for favors shown them. Never forget a service you have rendered. Shirk your duties if you can. Do as little as possible for others."

Seeing ourselves at the center of the universe leads to misery. We were not made to be the focus of our own attention. We were made to give our hearts to God, Who lives with those who have a contrite and humble spirit.

A person is never so empty as when he is full of self.

I dwell ... with him who has a contrite and humble spirit. Isaiah 57:15

--Beecher Hunter