

## *In the Wake of the Fire*

The story is told about a man whose store was destroyed by fire. And to make matters worse, he had failed to renew his fire insurance.

Later that day, an old friend asked how he was coping with the shocking loss. The answer was both surprising and pleasing.

"I'm getting along just fine," he said. "I had breakfast this morning, and it isn't time to eat again."

With a thankful heart for his previous meal, that man wasn't worried about the next one. Not only was he taking one day at a time as he faced the seemingly impossible task of starting all over, but he was also taking one hour at a time.

While it is important to plan appropriately, we are advised by Jesus, "Do not worry about tomorrow" (Matthew 6:34). He doesn't want us to be burdened with the needless weight of anxiety about the future. We have enough to do to deal with the present.

We must refuse to fret about things over which we have no control. Then we can rejoice in God's sustaining grace – one day at a time.

--Beecher Hunter