

# Ladder to Your Dreams

Years ago, a young black child was growing up in Cleveland, Ohio, in a home which he later described as “materially poor but spiritually rich.”

One day, a famous athlete, Charlie Paddock, came to his school to speak to the students. At the time, Paddock was considered “the fastest human being alive.”

He told the children, “Listen! What do you want to be? You name it and then believe that God will help you be it.”

That little boy decided that he, too, wanted to be the fastest human being on earth. The boy went to the track coach and told him of his new dream.

His coach responded, “It’s great to have a dream, but to attain your dream, you must build a ladder to it. Here is the ladder to your dreams: The first rung is determination. And the second rung is dedication. The third rung is discipline. And the fourth rung is attitude.”

The result of all that motivation is that the boy went on to grow, develop and win four gold medals in the 1936 Berlin Olympics. He won the 100-meter dash and broke the Olympic and world records for the 200-meter. His broad jump record lasted for 24 years.

His name? Jesse Owens.

We may not be in an Olympic competition, but in Life Care, Century Park and Life Care at Home, we are engaged in a much more important endeavor – taking care of the frail and infirm men and women entrusted to us. So the question raised is: How is your ...

- Determination?
- Dedication?
- Discipline?
- Attitude?



To be successful in the mission to which we are called requires that we cover those four steps of the ladder.

– Beecher Hunter