

Leaping from Airplanes

Life is filled with challenges and opportunities for excitement, if we are willing to pursue them. Two associates at Life Care – Peggy Jones in Human Resources and Bob Grayson from The Media Center – come to mind; they chose a new (for them) and daring adventure when they decided to go skydiving.

Such sport, may I quickly point out, has no appeal to me. But it did for them, and they answered the call – and thoroughly enjoyed the experience. They were learning something about themselves in a pursuit normally outside of their comfort zone.

There is an old story about a man who, when asked if he could play a violin, answered, “I don’t know. I’ve never tried.”

This is psychologically a very wise reply. Those who have never tried to play a violin really do not know whether or not they can. Those who say too early in life and too firmly, “No, I’m not at all musical,” shut themselves off prematurely from whole areas of life that may have proved rewarding.

Each of us has unknown possibilities, undiscovered potentialities. One big advantage of having an open self-concept rather than a rigid one is that we will continue to expose ourselves to new experiences and therefore continue to discover more and more about ourselves as we grow older.

But that skydiving thing? I’m still not sold on that one.

– Beecher Hunter

