

Lesson of the Birds

In *Run With the Horses*, Eugene Peterson writes about seeing a family of birds teaching the young to fly. Three young swallows were perched on a dead branch that stretched out over a lake.

One adult swallow got alongside the chicks and started shoving them out toward the end of the branch – pushing, pushing, pushing. The end one fell off. Somewhere between the branch and the water four feet below, the wings started working, and the fledgling was off on his own. Then the second one followed suit.

The third was not to be bullied. At the last possible moment, his grip on the branch loosened just enough so that he swung downward, then tightened again, bulldog-tenacious. The parent was without sentiment. He pecked at the desperately clinging talons until it was more painful for the poor chick to hang on than risk the insecurities of flying. The grip was released, and the inexperienced wings began pumping. The mature swallow knew what the chick did not – that it could fly, that there was no danger in making it do what it was perfectly designed to do.

“Birds have feet and can walk. Birds have talons and can grasp a branch securely. They can walk; they can cling,” Peterson wrote. “But flying is their characteristic action, and not until they fly are they living at their best, gracefully and beautifully.”

As human beings, giving is what we do best. It is the air into which we were born. It is the action that was designed into us before our birth.



“Some of us try desperately to hold on to ourselves, to love for ourselves,” Peterson said. “We look so bedraggled and pathetic doing it, hanging on to the dead branch of a bank account for dear life, afraid to risk ourselves on the untried wings of giving. We don’t think we can live generously because we have never tried. But the sooner we start, the better, for we are going to have to give up our lives finally, and the longer we wait, the less time we have for the soaring and swooping life of grace.”

Peterson is exactly right. And it is a principle that the associates in Life Care, Century Park and Life Care at Home have discovered, applied to their lives, and find satisfaction and fulfillment in the practice thereof.

They soar on the wings of peace, joy and contentment because they are proficient in giving.

– Beecher Hunter