

Love, the Primary Need of Life

Tuesday is Valentine's Day, and just the thought of it causes a tingle in the heart. It is a day celebrated as a festival of love. And love is the most important emotion given to a human being, the most powerful force in the universe, and the primary need of life.

Throughout history, it has been love that has conquered armies, love that has broken down barriers separating cultures, and love that regenerated rejected and downcast peoples. Illustrious men and women of all the ages have had profound sayings about love. On this Valentine's Day, consider these:

- "Love. The feeling is too big for the word." – Elizabeth Page
- "Who can doubt that we exist only to love? We live not a moment exempt from its influence." – Blaise Pascal
- "Love is enough." – Ella Wheeler Cox
- "I have loved thee long, and I love thee now; and, though the world should perish, over its dying embers still would glow the flames of the love I cherish." – Heinrich Heine
- "You are you, and I am I, and if by chance we find each other, it's beautiful." – Frederick S. Perls
- "Love is the heart in blossom." – Myrtle Reed
- "Love knows no winter years ... Its breath is summer's glow!" – Johann Ludwig Tieck
- "Love is a beautiful dream." – William Sharp
- "Love reckons hours for months, and days for years; and every little absence is an age." – John Dryden
- "What is love? Ask him who lives, what is life? Ask him who adores, what is God?" – Percy Bysshe Shelley
- "What the heart has once owned and had, it shall never lose." – Henry Ward Beecher
- "Chance cannot change my love, nor time impair." – Robert Browning
- "Doubt thou the stars are fire; doubt that the sun doth move; doubt truth to be a liar; but never doubt I love." – William Shakespeare
- "The most precious possession that ever comes to a man in this world is a woman's heart." – J.G. Holland
- "Love ... makes one little room an everywhere." – John Donne

Make this Valentine's Day special. Express your love – and there are countless ways to do it – to someone.

And take the celebration beyond the romantic sphere. Relate your appreciation to a friend, for friendship is love, too.

– Beecher Hunter