

# Making Time for Prayer

None of us *automatically* has time to pray. Would you agree?

The work we are called to do in Life Care and Century Park is demanding and set in a fast-paced world of human need and effective response.

Each of us must *make* time for prayer – carving an interval out of our day and setting it aside as a sacred appointment that cannot be changed, and must not be delayed. Our communication with God must occupy a priority position among all the busy things with which we are confronted.



Consider this Japanese version of the 23<sup>rd</sup> Psalm as you set aside your prayer time:

*The Lord is my pacesetter ... I shall not rush.*

*He makes me stop for quiet intervals.*

*He provides me with images of stillness which restore my serenity.*

*He leads me in the way of efficiency through calmness of mind and His guidance is peace.*

*Even though I have a great many things to accomplish each day, I will not fret, for His presence is here.*

*His timeliness, His all-importance will keep me in balance.*

*He prepares refreshment and renewal in the midst of my activity by anointing my mind with the oils of tranquility.*

*My cup of joyous energy overflows.*

*Truly harmony and effectiveness shall be the fruits of my hours, for I shall walk in the pace of my Lord and dwell in His house forever.*

These are words fitly spoken as we seek to fulfill the requirements of our work responsibilities and family obligations while keeping our spiritual conversation with our Lord vibrant and meaningful.

*I rise before dawn and cry for help; I have put my hope in your word (Psalm 119:147 NIV).*

– Beecher Hunter