

## *Making a Rainbow*

Entertainer Dolly Parton once said that if you want the rainbow, you have to put up with the rain.

Rainbows are beautiful, but Dolly is right. It takes both rain and sunshine to create one. It's the same with life. In most lives, there are dark and bright spots. We experience joy and sorrow.

The few people who have never known adversity invariably don't have lives that are as rich and satisfying as those who have. If you can handle it, adversity makes you stronger. It also makes you a kinder and more empathetic person.

At the end of a life without adversity, it's hard to find a rainbow.

Just mark this down: We cannot control the tragic things that happen to us, but we can control the way we face up to them.

--Beecher Hunter