

# My, Oh My! These Smartphones

We're obsessed with our phones. You probably think so, and a new study has confirmed it.

The heaviest smartphone users click, tap or swipe on their phone 5,427 times a day, according to researcher Dscout.

That's the top 10 percent of phone users, so one would expect it to be excessive. The rest of us, however, touch the addictive devices 2,617 times a day on average. That's no small number.

The research firm, which specializes in consumer reactions to products, recruited 94 Android phone users and installed special software on their smartphones. The tool tracked each user's "interaction" over five days, all day, the company reported.

"And by every interaction, we mean every tap, type, swipe and click. We're calling them touches," the company explained.



Averaging out the numbers, the aforementioned figures mean the heaviest users are touching their devices a couple of million times in one year, Dscout said.

Probably the most interesting aspect in all this was that the people surveyed completely underestimated their phone touching. While they were initially shocked by the numbers, 41 percent said "it probably won't change the way I use my phone."

The question for you and me: How many taps, types, swipes and clicks take place between us and God in a day?

If the number of times we were in contact with God on a daily basis could be tracked, would we be shocked by the result?

Would it be because of how often, or how infrequently, you and I reached out to Him?

God desires us to communicate with Him. And the more we do, the better we understand His heart. He already knows ours.

*Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you (1 Thessalonians 5:16-18 NKJV).*

– Beecher Hunter