Numbering Our Days

Consider the value of time, and the urgency of using it responsibly.

If we live 65 years, we have about 600,000 hours at our disposal. Assuming we are 18 when we complete high school, we have 47 years, or nearly 412,000 hours, to live after graduation.

If we spend eight hours a day sleeping, eight hours for personal, social and recreational activities, and eight hours for working, that amounts to 137,333 hours in each category. When we think of the time we have to work and play in terms of hours, it doesn't seem like much. And when seen in the light of eternity, it is but a fleeting moment.

How important, therefore, that we spend our waking hours wisely!

D. J. De Pree, a former member of the RBC Ministries board of directors, always calculated his age in terms of days. If he was asked, "How old are you?" he answered immediately with the number of days. He based his practice on Psalm 90:12: "Teach us to number our days, that we may gain a heart of wisdom."

Literally counting his days reminded him of the swift passage of time and the need to live with eternity's values in view.

For the associates of Life Care, Century Park and Life Care at Home – followers of Christ – their work everyday is an investment in their heavenly treasures.

- Beecher Hunter