## Only Worry If ...

Thursday's *Perspective* was devoted to the blessing of gaining wisdom, and we shared some examples of what I consider to be wisdom. Here are a few more:

When should we worry? I read a piece by an unknown author who said we can only worry if one of these seven things happen to you:

- Your birthday cake collapses from the weight of the candles.
- You turn on the news, and they're showing emergency routes out of the city.
- Your twin sister forgot your birthday.
- Your car horn goes off accidentally and remains stuck as you follow a group of Hell's Angels on the freeway.
- The bird singing outside your window is a buzzard.
- Your income tax check bounces.
- Your wife says, "Good morning, Bill," and your name is George.

Other than that, you don't have anything to worry about.

The Genesis creation narrative tells us that God created the world, and all that is in it. In six short days, a remarkable burst of energy, even for God. Understandably, God was tired – an idea that has eluded some learned theologians. The Bible says: And on the seventh day God finished His work that He had done, and He rested on the seventh day from all His work that He had done. So God blessed the seventh day and made it holy, because on it God rested from all His work that He had done in creation (Genesis 2:2-3 ESV).

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Written on the page of our Bibles and woven into the fabric of the universe is the divine provision for leisure time. So perhaps our prayer should be:

Slow me down, Lord, I'm goin' too fast ... I can't see my brother when he's walking past ... I miss a lot of things day by day when it comes my way ... Slow me down, Lord, I'm goin' too fast.

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(more)

The late Barbara Bush, wife of George H.W. Bush, the 41<sup>st</sup> President of the United States, said in a 1994 commencement address at Wellesley College:

"As important as your obligation as a doctor, a lawyer or a business leader may be, your human connections with your spouse, your children and your friends are the most important investment you will ever make. At the end of your life you will never regret not having passed one more test, not winning one more verdict or not closing one more deal, but you will regret time not spent with your spouse, your children or your friends."

And there you have it – as the familiar saying advises – "a word to the wise is sufficient." Or better, as the Good Book states:

Look carefully then how you walk, not as unwise but as wise (Ephesians 5:15 ESV).

– Beecher Hunter