

## Outrunning Our Souls?

An American hunter was in search of big game in West Africa. He was getting close to his prey when his hard-running native guides suddenly sat down to rest. The American protested to their leader. He threatened, implored, cajoled, offered bribes, but the natives would not budge.

“But why,” he asked the leader, “why must they stop now?”

The leader replied, “The men say they have hurried too fast. Their bodies have run off and left their souls behind. They must wait now for their souls to catch up.”

Perhaps that may be one of our problems today. Our technology may be outrunning our souls.

Let me be clear: The technology of 2012 – in communication, for just one example – brings us many advantages. We wonder how we ever got along without cellular phones and email. Life Care’s Information Technology Department gives us tools to do our jobs more effectively and efficiently. The Media Center makes available a range of print and electronic products that help us in our quest to be the premier provider and the facility of choice as outlined in our Mission and Values statement.



But we must always be cognizant of the simple and foundational truth: We are in the people business, and technology can aid, but never supplant, the value of personal relationships and face-to-face interaction. A video can be a resource for training, but it can never take the place of a live, charismatic instructor who can look his or her students in the eyes and judge their attentiveness and address their questions and concerns.

And on the spiritual side, the demands of our lives today, be they personal or professional, leave us little room for quiet times alone with God.

Let us be ever vigilant to be certain that our bodies do not run off and leave our souls behind. And should that happen, make a way for your soul to catch up.

– Beecher Hunter