

Quiet Time in the Morning

Morning is often seen as a rush hour. Various family members scurry in different directions with numerous needs and diverse timetables.

One has lost a sock; another can't find last night's homework. One needs a sack lunch; another needs lunch money. One leaves with a kiss, another with a shout, and another needs encouragement to open her eyes as she stumbles out the door.

A quiet time in the morning – sitting in the sun room sipping a cup of fresh-brewed coffee and watching God paint the heavens with the artistry no mortal can match – allows us to renew our relationship with our Heavenly Father. It affords the opportunity for quiet reflection, a Bible reading and a prayer for the day.

Carving out that time for yourself may be your supreme challenge of the day, but it is an effort worth its weight in gold. Such an advantage is captured in this poem by Bruce Fogarty:

THE MORNING HOUR

*Alone with God, in quiet peace,
From earthly cares, I find release;
New strength I borrow for each day
As there with God, I stop to pray.*

*Alone with God, my sins confess'd,
He speaks in mercy, I am blest.
I know the kiss of pardon free,
I talk to God, He talks to me.*

*Alone with God, my vision clears,
I see my guilt, the wasted years,
I plead for grace to walk His way
And live for Him, from day to day.*

*Alone with God no sin between,
His lovely face so plainly seen;
My guilt all gone, my heart at rest
With Christ, my Lord, my soul is blest.*

*Lord, keep my life alone for Thee;
From sin and self, Lord, set me free,
And when no more this earth I trod,
They'll say, "He walked alone with God."*

What a beautiful way to begin the day – and we're better prepared for what comes our way!

Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!
(Psalm 46:10 NKJV)

– Beecher Hunter