

## Remembering the Past

Earlier this year, my wife Lola and I attended a reunion of her high school graduating class. It was enjoyable to connect up with longtime friends and to recall events of yesteryear.

High school yearbooks and pictures – some yellowed with age – were placed around the meeting room. They attracted a lot of attention.

There's nothing quite like looking through a bunch of old photos to bring back memories that stir the emotions. Pictures of vacations with the kids, of family get-togethers around the holidays, and of church events with friends who have stuck with us through thick and thin all seem to grow more precious with time.

It's good to go back every now and then and remember the journey we've been on. It can help us appreciate the brevity and preciousness of life a little bit more than we normally would.

Today, many people post pictures and videos on social network sites. It's an easy way they find to stay connected with friends, relatives and co-workers.

Of course, not everyone cares about the memories you are making. Posting 100 pictures of your recent vacation to Hawaii might even seem a little boastful to the person who hasn't had a vacation in three years. But that's not the point. The point is to capture important moments in your life so that you can live with more gratitude and purpose.

Remembering the past can help you trace God's faithfulness in your life and can give you great hope for the future. Knowing that the Lord values you as His child gives you security and joy even during the tough times.

You can trust His promises to see you through this life and into the next. Though life can be confusing, He is absolutely faithful to you.

*All my days were written in Your book and planned before a single one of them began* (Psalm 139:16).

– Beecher Hunter