

## Rescue in the River

In his book, *Open the Door Wide to Happy Living*, T. Huffman Harris told of a young man named Eddie who became tired of life and decided to leap from a bridge into a turbulent river. Jim, a total stranger, saw Eddie being swept downstream and plunged into the water in an effort to save him.

Eddie, who was a good swimmer, noticed the man floundering desperately in the strong current and knew that without his help he would drown. Something stirred within Eddie. With all of his strength, Eddie swam over to the man and rescued him. Saving that stranger, who had attempted to save him, brought new hope and meaning to Eddie's life.

We, too, can sometimes become so immersed in our own troubles that we think only of ourselves, and all sorts of negative thoughts flood our souls. At times like these, we need to look upward to Christ and outward to a needy world. We only have to consider the residents we serve in Life Care, Century Park and Life Care at Home – those who are depending on us – to understand what a difference we can make in their lives.

As we reach out to help others, the Holy Spirit works a change in us. Hope is born, and a new zest for living occurs.

*Let each of you look out not only for his own interests, but also for the interests of others. (Philippians 2:4)*

--Beecher Hunter