Setting Appropriate Goals

Kevin Faulkner, a Houston, Mississippi, layman, told a story at a men's retreat about being interrupted one day by his 14-year-old son saying, "Dad! Dad! Come watch me dunk the ball!"

"Sure," Kevin said, knowing some trick was in store.

But as he watched in the driveway, his son did it – he actually dunked the ball! The only problem was, his son had lowered the goal.



The Scriptures encourage us to set goals, be disciplined, run the race with excellence, work hard, and live our faith with zeal. We're encouraged to have a focused, purposeful life, rather than just aimlessly drifting along. But it's not enough to have goals and purpose. We need to have the right ones.

Our main focus should be nothing less than pursuing our relationship with Jesus. Of course, other worthy objectives can, and should, be pursued, too, but we should strive

to keep the main thing the main thing – knowing Jesus.

We have goals in Life Care, too. Our mission is to be a premier provider of long-term health care and the facility of choice in any community in which we operate.

The values that support the mission begin with residents being our highest priority, and concluding with this statement: "We believe our work is rooted in the Judeo-Christian ethic, and that obedience to God is best measured by our service to others."

Under the first goal of knowing Jesus, other appropriate, attainable, measurable goals can make a huge difference in every area of your life. So, prayerfully set and pursue good goals.

God wants you to succeed at the right things. He's not trying to hold you back.

Not that I have already reached the goal or am already fully mature, but I make every effort to take hold of it because I also have been taken hold of by Christ Jesus (Philippians 3:12 HCSB).

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