Should You ...

Generally speaking, Americans take our blessings for granted. We do not understand how fortunate we are until we have the opportunity to visit other countries and other cultures to learn how good life in the United States truly is. Perhaps we yield too often to the tendency to see the glass half empty instead of half full.

Even in this country, however, as we find ourselves bemoaning some adversity or setback, when we look around us we can see someone who is in more difficult circumstances than we. Consider ...

- Should you find it hard to get to sleep tonight, just remember the homeless family that has no bed to lie in.
- Should you find yourself stuck in traffic, don't despair. There are people in this world for whom driving is an unheard-of privilege.
- Should you have a bad day at work, think of the man who has been out of work for the past three months.
- Should you despair over a relationship gone bad, consider the person who has never known what it's like to love and be loved in return.
- Should you grieve over the passing of another weekend, realize there is a woman in some third-world country who works 12 hours a day, seven days a week, for \$15 to feed her family.
- Should your car break down, leaving you miles away from assistance, know that there is a paraplegic who would love the opportunity to take that walk
- Should you notice a new gray hair in the mirror, be assured there is a cancer patient in chemotherapy treatment who wishes she had hair to examine.
- Should you find yourself the victim of other people's bitterness, ignorance, smallness or insecurities, be thankful: Things could be worse. You could be them!

Come to think of it, life is pretty good after all.

--Beecher Hunter