

Solution to Our Problems

Pope John XXIII was quoted as saying, "It often happens that I wake at night and begin to think about a serious problem and decide I must tell the Pope about it. Then I wake up completely and remember that I am the Pope."

How often we imagine that the solution to our problems, the cure for our ailments, or the guarantee for our happiness lies with someone or something outside ourselves. Do we really have so little power over situations or events confronting us?

Martha Washington thought otherwise. "I have learned from experience," she said, "that the greater part of our happiness or misery depends on our dispositions and not on our circumstances. We carry the seeds with us in our minds wherever we go."

Just consider how dramatically your life could change if you knew you had the seeds to your happiness waiting inside, longing to blossom whenever you would allow it.

Mother Teresa, in her book, *A Gift to God*, wrote that we all long for heaven where God is, but we have the capability to be in heaven with Him now – to be happy with Him at any moment. But being happy with Him now, she said, means ...

- Loving as He loves.
- Helping as He helps.
- Giving as He gives.
- Serving as He serves.
- Rescuing as He rescues.
- Being with Him for all the 24 hours.
- Touching Him in His distressing disguise.

What a marvelous outlook on life and happiness described by Mother Teresa!

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control (Galatians 5:22-23).

– Beecher Hunter