

## Some Quiet Time

For the past three years, an architectural firm in Denver, Colo., has had a “quiet time” for its employees. Sixty minutes of silence are set aside each day at mid-morning for thinking and planning.

It has proven to be an essential feature for the staff of 25 people who work together in one large, open room. One employee said that at first the idea didn't sound very good to them. But now, having discovered its benefits, they have become very protective of their quiet time. They have found it to be an important aid in realizing one of the firm's goals, which is to have an atmosphere of “integrity and calmness.”



What about you? Do you have enough of the right kind of quiet time – a time of reflection and meditation, of pondering the really important things in your life?

Let's not use the excuse that we really can't afford the time to get alone with God and be quiet.

The truth is – we really can't afford to be without it.

– Beecher Hunter