

Some Strong Men

Men are strong in different ways. *Sports Illustrated* once did a profile on a champion arm wrestler named Dave Patton. According to the article, Patton had not lost an arm-wrestling match in 12 years. He weighed a mere 160 pounds, but easily defeated men twice his size.

Patton trained obsessively. He did exactly 756 bicep curls per session, pushing his pain threshold to the outer limits. For fun, he ventured onto the streets of Manhattan, set up a table, and challenged all comers to a prize of \$1,000 to whoever could beat him. No one of any size ever had.

In the article, Tom Junod describes the feats of strength of other men:

“Moe Baker of Bristol, Conn., not only had 18-inch forearms but could also jump straight out of a 55-gallon drum without ever touching the sides. Cleve Dean, a 600-pound hog farmer from Georgia, was a he-man, too, because he could pick up a full-grown sow under each arm and walk around. And the legendary Mac Batchelor, from Los Angeles, was a he-man because he could fold four bottle caps in half simply by placing them on his fingers and closing his fist.”



These are strong men, indeed.

But God wants all men and women to be strong – in their faith, values, character, and love for Him and their fellow human beings.

That’s the strength that really matters.

– Beecher Hunter