Spotlight on Century Park

For our associates in Century Park, it's their time in the spotlight all across the country. This week, through Saturday, Sept. 19, is National Assisted Living Week, with the theme *Nourishing Life*.

While this theme is a grand idea, it occurs on a daily basis in our communities -

associates and residents nurturing one another. Let's acknowledge the beauty of that concept by embracing the triad of life: mind, body and spirit.

Our public relations department is featuring three of our Century Park residents who do just that. Their photographs and



stories are on posters on display throughout Century Park. They are:

- Nora Miller, 83, of Andover Court Retirement in Andover, Kansas. Before
 retirement, she was both a chiropractor and a daycare provider, taking care of
 100 children during her career. She still keeps in touch with many of them.
 She uses a thriving garden to bless her family of residents and associates at
 Andover Court, growing tomatoes, watermelons, cucumbers and potatoes.
 Each week, she sends cards to friends who are ill or shut-in.
- Glen Perkins, 93, of Quail Ridge Retirement in Pocatello, Idaho. He lives by the mantra, "If you don't use it, you lose it!" He attends fitness classes and walks in the community and on his treadmill every day. Perkins used his skills as a telegraph operator to serve in World War 2, earning the rank of master sergeant. After his service, he worked for the railroad, retiring after 43 years. Perkins and his wife, Mary, owned a trailer park for many years. When she passed away, he donated the land in memory of Mary and his son, who died tragically while serving in law enforcement. Profits from the land go to local charities.
- Fani Terry, 81, of The Bridge at Charleston, South Carolina. A native of Greece, she grew up witnessing the devastating effects of World War 2. She met her future husband, Jack Terry, a pilot in the U.S. Air Force, on a visit to Rome. Despite the loss of her husband and an ongoing battle with cancer, she never lost heart. Terry is involved in activities at The Bridge, helps set up bingo games, assists residents with ordering food on lunch outings, and attributes her zeal for life to her devout faith.

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Let's all join with our Century Park folks in a celebration of the mission of serving – and inform the people of their hometowns about their good work.

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