## **Springing to the Door**

After shopping all day, an aching, pregnant woman and her husband shuffled into the waiting area of a busy mall.

There were benches around, but all were taken. No one seemed to notice the woman as she wearily looked for a place to sit. Finally, she sat on a low wall at the edge of the area.

Suddenly, the woman jumped to her feet and rushed to the door of the mall. Her worried husband followed, asking what was wrong. Then he saw that an elderly woman was trying to hold the door open while pushing a wheelchair-bound man through it. The pregnant woman had sacrificed what little comfort she had to get the door for the struggling older woman.

Would someone someday do the same for the pregnant woman, months from now, when she would be pushing a baby carriage through a door? Or would her need go unnoticed?

Even in tough times, we should still try to see beyond ourselves to those in need.

A little kindness goes a long way ...

- Providing a glass of water for a fellow associate struggling to complete a project.
- Making a supportive call to a friend who just lost a family member.
- Encouraging a child anxious over a homework assignment.
- Offering a smile and a cheery greeting to folks along your way today.

The list goes on and on. Not only do you bless someone with your thoughtfulness, but you receive an inward joy in the process.

Beecher Hunter