

Thank God

What is a formula for good living? There are volumes of books, magazines and newspaper articles written each year with various formulas to achieve that universal goal.

Shanda Morrison in Life Care's public relations department supplied the best approach. Here it is:

- Happy moments, praise God.
- Difficult moments, seek God.
- Quiet moments, worship God.
- Painful moments, trust God.
- Every moment, thank God.

Get the message? Life is all about God. He created us. He endowed each of us with unique and important abilities. He has a plan for our lives. He desires for us to be happy and fulfilled. He seeks to have fellowship, a close, daily walk, with us.

Such a life is well lived, indeed.

--Beecher Hunter