

The Difference in 2 Rings

Joe Theismann enjoyed an illustrious 12-year career as quarterback of the Washington Redskins in the National Football League.



He led the team to two Super Bowl appearances – winning in 1983 over the Miami Dolphins 27-17 before losing the following year to the Los Angeles Raiders 38-9.

When a leg injury forced him out of football in 1985, he was entrenched in the record books as Washington's all-time leading passer. Still, the end of Theismann's career taught him a bitter lesson.

"I got stagnant," he said. "I thought the team revolved around me. I should have known it was time to go when I didn't care whether a pass hit Art Monk in the 8 or the 1 on his uniform. When we went back to the Super Bowl, my approach had changed. I was griping about the weather, my shoes, practice times, everything."

And it cost him and the team.

Looking back, Theismann says: "Today I wear two rings – the winner's ring from Super Bowl XVII and the loser's ring from Super Bowl XVIII. The difference in those two rings lies in applying oneself and not accepting anything but the best."



Understanding the difference is a valuable lesson for us all.

Those of us who work in Life Care, Century Park and Life Care at Home are involved in a profession that requires our very best – even more important than can be said about a game of football.

We are devoted to the care and well-being of people, and that is a noble calling indeed.

– Beecher Hunter