

The Kitchen Test

This story appeared on AccessChristian web site, and it offers an appropriate insight into life and the challenges it offers.

A young woman was complaining to her father about how difficult her life had become. He said nothing, but took her to the kitchen and set three pans of water to boiling. To the first pan, he added carrots; to the second, eggs; and to the third, ground coffee.

After all three had cooked, he put their contents into separate bowls and asked his daughter to cut into the eggs and carrots and smell the coffee. "What does this all mean?" she asked impatiently.

"Each food," he said, "teaches us something about facing adversity, as represented by the boiling water." The carrot went in hard but came out soft and weak. The eggs went in fragile but came out hardened. The coffee, however, changed the water to something better.

"Which will you be like as you face life?" he asked. Will you give up, become hard, or transform adversity into triumph?

As the "chef" of your own life, what will you bring to the table?

--Beecher Hunter