

The Power of Human Touch

This story appeared on the *NBC Today* show, and it is a compelling account of human interaction.

Ehab Taha can't stop thinking about the beautiful display of humanity he recently witnessed between two strangers.

While riding the SkyTrain from Vancouver, B.C., where he was visiting a friend, to his home in Surrey, he observed an elderly woman lend a hand to a man behaving erratically. The man was cursing and shouting, which made many passengers feel uncomfortable and led them to believe he was coping with drug abuse or mental health issues.

"I have to admit that I debated switching seats because he was only a couple feet away from me, and I was starting to get annoyed," Taha, 25, said.

While most shied away, a group of teenagers laughed at the man, which prompted the woman to speak up and tell them to stop before she reached out her hand in hopes of calming him.

The 70-year-old woman got through to him just through a tight hand grip. He sat down on the floor next to her with tears in his eyes as they spent 20 minutes holding hands in silence.

When they arrived at his stop, he let go of her hand and said, "Thanks, grandma," before getting off the train.

Taha took the opportunity to thank the woman for what she did and said, "God bless you! The world needs more people like you," which made her quite emotional.

When he asked her why she did it, she responded, "He seemed like he needed someone to hold, and I didn't want him to feel so alone." She also added that she's a mother with two sons around his age and hoped that someone would do the same for them.

"It's incredible to see the impact a simple human touch can have on someone," Taha said. "Instead of fearing people, we should reach out and help them."

This story illustrates a principle upon which Life Care and Century Park are built.

The mission of our two companies is to reach out and help people. And our associates do it so well.

If you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday (Isaiah 58:10 ESV).

– Beecher Hunter