

The Queen Came

Once, during Queen Victoria's reign, she heard that the wife of a common laborer had lost her baby. Having experienced deep sorrow herself, the queen felt moved to express her sympathy.

She called on the bereaved woman one day and spent some time with her. After she left, the neighbors asked what the queen had said.

"Nothing," replied the grieving mother. "She simply put her hands on mine, and we silently wept together."

No doubt, you know someone who has experienced great loss. It would be rare, indeed, if everyone in your circle of family and friends has not suffered the death of a loved one due to an accident, illness or natural disaster.

Go to that person. You do not need to worry about what to say.

The most comforting people are those who are there and who simply give a hug or hold a hand and show they care.

--Beecher Hunter